INTERNATIONAL EDITION | 2024 - 2025

Social Dreaming Training

A professional Training Program for **Hosting**, **Application** and **Research** in Social Dreaming



* **Elements,** by Daniela Monaci

This Professional Social Dreaming Training Program is the fourth to be offered by Social Dreaming International Network, SDIN. Two programs were hosted in Italy, where despite the Covid pandemic meant that some sessions were held online. The third successful hybrid edition brought together participants from all over the world in two concurrent streams.

This fourth iteration, an exciting venture in Social Dreaming, has **in-person and virtual components** held across a calendar year **with two concurrent streams hosted in Europe and Australia**. Participants will thus be exposed to dreaming internationally and will have the opportunity to work with world-class staff members. Opportunities for participants to have **individual and group supervision both for hosting matrices and for designing and carrying out a social dreaming project are the added value** of this program, involving didactic and experiential components.



SOCIAL DREAMING international NETWORK





IN PARTNERSHIP WITH

Social Dreaming is a cross-disciplinary methodology used by professionals in many fields, including social science, psychotherapy, management, humanities, science, art and other professions dealing with people, their work and personal and occupational wellbeing. Its stance is exploratory - finding ways to inform our societal understanding and our places in this.

TRAINING OUTLINE

The program allows for theoretical input and Social Dreaming Matrices with the opportunity for participants to take a hosting role. There will be individual attention to each trainee, who will receive feedback from the staff and from their colleagues about their hosting of matrices. Participants will design and autonomously run a Social Dreaming project, made by at least four matrices, in research, consultancy, well-being groups, arts or any other field approved by the staff.

The training begins and ends with a **fourhour online Opening and Closing Session** attended by participants and staff from both streams. In between, **four three-day Modules** about main topics are distributed throughout the year, as well as **Bridge Sessions** involving Social Dreaming Matrices, Dream Reflection Dialogues, and Individual and Group Supervision with a staff member.

First and fourth Modules for the European stream and First for the Australian stream will be held in person. The other modules and sessions will be online at suitable times for some part of the program to be shared across the two streams. Should in-person training not be possible, all the modules will be run online.

AUSTRALIAN STREAM Training Lead Susan Long susandianelong@gmail.com

EUROPEAN STREAM Training Lead *Franca Fubini* franca.fubini@gmail.com

The learning process develops through the following opportunities

- Experiential learning as participant
- Conceptual input, dialogues
 and discussions
- Co-hosting SD Matrices
- Individual and Group Supervision by experienced staff
- Revision and reflection
- Learning about and discussing role, protocol and ethics
- Hosting Matrices in the field
- Designing, implementing, hosting and reporting on work in SD
- Writing about one's learning experience of the training
- Research in SD

The trainees shall learn through different kind of events

- SD Matrix (SDM)
- Dream Reflection Dialogue (DRD)
- Dialogues introduced by the host/ consultants on the theory of SD
- Creative Role Synthesis applied to group supervision (CRS)

WHO IS THIS TRAINING FOR?

This program is aimed at those who intend to deepen their knowledge and competence in Social Dreaming to apply it as a tool in their activities, studies, research, or consultancy profession. To those interested in sharing experiences with colleagues and consultants from across the world, to build and get in contact with a community of practice shaped by different cultures, approaches and contexts.

Applicants must have experienced participation in Social Dreaming Matrices, and be familiar with relevant literature. On completing the training, participants will receive a certificate of attendance by the Association Social Dreaming International Network.

PROGRAMME

100 training hours. Times arranged are suitable for both streams.

OPENING SESSION ONLINE - Both Streams

> MODULE1 ON-SITE

BRIDGE SESSION 1 ONLINE - Both Streams

MODULE 2 ONLINE - Both Streams

BRIDGE SESSION 2 ONLINE - Both Streams

MODULE 3 ONLINE - Both Streams

BRIDGE SESSION 3 ONLINE - Both Streams

MODULE 4 ON-SITE (EU) | ONLINE (AU)

> **CLOSING SESSION** ONLINE - Both Streams

The Social Dreaming Matrix 5th May 2024 9.00am - 1.00pm CEST | 5.00pm - 9.00 pm AEST

Hosting an SD Matrix 31st May, 1st, 2nd June 2024 Fri, Sat 9.30am - 5.30pm, Sun 9.30am - 2.30pm CEST | AEST

SDM, DRD & Supervision Groups 17th July 9.00am - 11.30am CEST | 5.00pm - 7.30pm AEST

Application of Social Dreaming 11th, 12th and 13th October 9.30am - 5.30pm, Sun 9.30am - 2.30pm CEST | AEDT

SDM, DRD & Supervision Groups 12th November 8.00am - 10.30 am CET | 6.00pm - 8.30pm AEDT

Formulating working hypothesis and writing reports 6th, 7th and 8th December 9.30am - 5.30pm, Sunday 9.30am - 2.30pm CET | AEDT

SDM, DRD & Supervision Groups 18th February 2025 8.00am - 10.30 am CET | 6.00pm - 8.30pm AEDT

 Field work and action-research

 21st, 22nd and 23th March
 9.30am - 5.30pm, Sunday 9.30am - 2.30pm CET | AEDT

Review 11th April 9.00am - 1.00pm CEST | 5.00pm - 9.00 pm AEST

Module 1 will focus on the setting, the basic principles of Social Dreaming and hosting a matrix.
Module 2 will focus on the application areas emerging from participants' project work.
Module 3, writing reports and working hypothesis, based on the material from project works.
Module 4 will focus on research, through the reflection/revision of the contents emerged in the matrices and the project works.

By the time participants start the second module, they should be already hosting Matrices in the field, having set up and run an SD project by themselves or in cooperation with training colleagues.

In order to qualify for the certificate of attendance it is required to join the full course. A trainee who cannot be present to any part of the training can join the same session of the next training edition.

Both the staff composition and the location of this training is unique. Participants are invited to consider it as an opportunity which might not be repeated.

DESIGN, DIRECTION & TEACHING/CONSULTING

Franca Fubini, formerly Chair of the Gordon Lawrence Foundation, is now Chair of Social Dreaming international Network. Former Vice Chair of II Nodo Group, member of OPUS and ISPSO. She trained and worked with Gordon Lawrence since the 80's. Gordon Lawrence, Lilia Baglioni, and Franca developed Social Dreaming in Italy, and together they created the first two editions of Social Dreaming training (2006 and 2008). She has designed and directed the first three editions of this training. She has published articles about SD and its applications, taught SD at Universities and hosted SD programs internationally and in a variety of work contexts as a consultant to the organizations. She is an experienced and qualified psychoanalytic psychotherapist, organizational consultant and group analyst. She works both privately and for the public administrations.

Susan Long (PhD) was formerly President of the Gordon Lawrence Foundation, now a member of Social Dreaming international Network, and has hosted social dreaming matrices in Australia, New Zealand, Italy, the UK and the USA. She is co-editor with Julian Manley of Social Dreaming: Philosophy, research, theory and practice published in 2019 by Routledge. As professor Emerita and PhD Co-Lead at the National Institute for Organisation Dynamics Australia (NIODA) she conducts research and supervises postgraduate students. A past president of ISPSO, first president of Group Relations Australia, and past board member of the Judicial College of Victoria.

ADMINISTRATION & TEACHING/CONSULTING

Elena Giannotti Dancer, choreographer, assistant choreographer, company teacher and dramaturg. Visiting lecturer in Academic and dance professional contexts. Co-curator of Racconti di Altre danze festival in Livorno. Traditional Chinese Medicine and Tuina Massage Practitioner, Qi Gong and meditation practitioner and teacher. Social Dreaming Host.

Alfredo Veneziale, organizational consultant, was formerly Trustee of the Gordon Lawrence Foundation, now is a member of Social Dreaming international Network and of Il Nodo Group. Trained with Gordon Lawrence, Franca Fubini and Lilia Baglioni, he works with SD as a consultant to the organisations. After a degree in Communication Studies and a master in Human Resources, he has developed training programmes for professionals, linking SD to other consultancy tools for enhancing role awareness, creativity, lateral thinking, marketing strategies, and culture of innovation within organisations.

CONSULTANTS / TEACHING STAFF will be drawn from the following

Domenico Agresta, formerly Trustee of the Gordon Lawrence Foundation, now a founder member and Treasurer of Social Dreaming international Network (SDiN). He works with SD studying Rites of Passage, Religious Rites and cultural contexts connecting anthropology and Enthology. He is a clinical psychologist, psychotherapist, group- analyst and psycho-oncologist. He is the President of the Centre for the Study of Psychology and Psychosomatic Medicine (CSPP) and studies the correlation between mind and body, links to anthropology and group processes using dreams icons. Member of the GASi (Group Analytic Society) Management Committee, he is the Chair of the GASi Scientific Committee. Member of the Balint Society (UK); Academic Member of the American Group Psychotherapy Association (AGPA); past-Chair of Family Therapy Section and Founder and Past-Chair of Webinars Committee in IAGP (The International Association for Group Psychotherapy and Group Processes). Board Member of SIMP (The Italian Society of Psychosomatic Medicine). Faculty Member Rakhawy Institute for Training and Research (RITR) in Cairo (Egypt) and Faculty Member TELE'DRAMA® International Institute (Texas, USA). Director of Training at Scuola di Psicoterapia Conversazionale (Parma) and at Istituto di Psicoterapia Analitica Antropologica Esistenziale (IPAAE, Pescara). He teaches at University and at Schools of Psychotherapy. He lives and works in Pescara (Italy).

David Armstrong, formerly Trustee of the Gordon Lawrence Foundation, now a member of Social Dreaming international Network, is an Associate Consultant at Tavistock Consulting, the Tavistock and Portman NHS Foundation Trust, London. A social psychologist by background, he has worked in action research and organisational consultancy at the Tavistock Institute of Human Relations, The Grubb Institute of Behavioural Studies and the Tavistock Clinic. From 1989 he was closely associated with Gordon Lawrence's development of Social Dreaming conferences. He is a Distinguished Member of the International Society for the Psychoanalytic Study of Organisations (ISPSO). He is the author of "Organization in the Mind: Psychoanalysis, Group Relations and Organizational Consultancy", Karnac 2005 and a co editor with Michael Rustin of "Social Defences Against Anxiety: Explorations in a Paradigm", Karnac 2014.

Leslie B. Brissett has a life-long interest in how organisations and groups function and has led non-profit, private and public organisations in the UK and USA. He has worked with dreams and the collective wisdom of Social Dreaming since 2012 and has conducted matrices in organisations and professional development contexts. He is delighted to join the faculty of this programme. He is currently the Board Secretary to the International Psychoanalytical Association. Previously, he worked for over a decade at the Tavistock Institute of Human Relations as a Principal Consultant and the Company Secretary. From 2017 to 2023 he was the Group Relations Programme Director, consulting to group relations conferences across the world. He directed 7 Leicester Conferences -Task Authority Organisation- and notably in 2020 mid-pandemic – he undertook the task to relocate the conference, the first time outside the UK to Bavaria, Germany. He designed and directed the first Group Relations Conference targeted for Psychoanalysts in partnership with GREX. He considers Group Relations to be an "Awakening" methodology - that is a tool for living more effectively in roles in all contexts. The learning from the conferences can be applied in whatever context the role-holder finds themselves. He has held various ministerial appointments in the UK Judiciary, serving as a Magistrate in adult and youth criminal court and in tribunal appeals in the Crown Courts. In the National Health Service as a Non-Executive Director in 2 Strategic Health Authorities, where he was accountable for £8bn budgets and clinical quality across institutions and professions. In Further and Higher Education institutions, he has chaired committees and boards and sat on national advisory bodies represented the United Kingdom at International agencies and policy fora. He Chairs the board of Eggtooth, a UK charity in the County of East Sussex and sits on the management board of the journal "Socio-Analysis", the publication owned by Group Relations Australia. Leslie co-edited "Dynamics at Boardroom Level – A Tavistock Primer", and has published widely on matters of groups, systems and organisational leadership.

Jennifer Burrows is an organisational consultant and coach who works part-time for the National Institute of Organisational Dynamics (NIODA) as the Educational Quality Assurance and Enhancement Lead. Jennifer co-facilitated the Australian cohort of an International Social Dreaming Training program run by Social Dreaming International in 2022/2023. Jennifer holds a Master in Philosophy of Social Innovation (Organisational Analysis & Leadership) through the Grubb School of Organisational Analysis, as well as a Master of Business (Training & Change Management). Jennifer is a Board member of Annecto, a not-for-profit age and disability support organisation, and a Director of Group Relations Australia.

Carla Cremonese Psychiatrist, psychotherapist, professor at the School of Specialization in Psychiatry and at the School for Rehabilitation Technicians of the University of Padua. Host of Social Dreaming, staff member of the Italian GRC ALI. Member of the Board of the Veneto Section of the Italian Society of Psychiatry (PSIVE). Expert in Clinical High-Risk Mental States and Autism Spectrum Disorder type 1, in charge of the Prevention of Mental Illness (15 -24 years) at the Psychiatric Clinic of Padua. She works in various institutional and private social contexts as a supervisor and trainer.

Angela Eden has been member of many Social Dreaming matrices over the last 30 years. She also takes the role of Host and trains people to understand and work in that role. The idea of training stems from Gordon Lawrence who wanted the practice of 'hosting' to have clear guidelines as SD became more diverse. We designed and ran training workshops. Working closely with Franca Fubini, this was the basis for the training in UK and Italy sponsored by the Gordon Lawrence Foundation and now Social Dreaming international Network. Angela works as an organizational consultant (EDENevolution), which is closely connected with metaphor, symbols and dreams, and additionally works as an artist with a range of mixed media and abstract images.

Dr David Patman is a social theorist, digital artist and consultant who studies and works with the unconscious social dynamics of groups and communities. Trained as an engineer, and with a PhD in social theory, David is interested in the sociology, cybernetics and poetry of sleeping and dreaming. David has participated in a number of social dreaming activities and group relations conferences, and was formerly a member of the ISPSO and the Australian Centre for Socio-Analysis. In 2014, David founded Tasmanianbased multi-arts collaboration the Unconscious Collective to explore collective experiences of hypnagogic states through participatory and public art. David also works as a public art curator for Arts Tasmania.

Laurie Slade is a member of the Guild of Psychotherapists, the Confederation for Analytical Psychology, the Institute of Psychedelic Therapy, and the International Association for the Study of Dreams. He practiced for 30 years as a psychoanalytic psychotherapist, and continues to act as a creative consultant. He has been involved in social dreaming since 2001, hosting sessions in a variety of settings, in the UK and internationally. He helped devise the first programme for professional development of social dreaming hosts in 2007, and co-founded the Queer Social Dreaming Matrix, running since 2016, a monthly open access meeting in London for sexual minorities. Published papers include: Social dreaming for a Queer culture (in Self & Society - 2005); Image to gesture – Social dreaming with student theatre directors (in The Creativity of Social Dreaming – 2010); Renewing the Land – the Dreaming Mind in Community (in Social Dreaming – Philosophy, Practice, Theory and Research - 2019); The Shadow of Darkness, the Shadow of Light - Perspectives on the Shadow through social dreaming (in Jung's Shadow Concept - 2023).

Heather Stradling, MSC, BA, MBPsS, MBACP (Accred.) is a Principal Researcher/ Consultant at the Tavistock Institute of Human Relations, London. Heather was a founding director of the Institute's programme, Deepening Creative Practice with Organisations, and leads and contributes to a range of action research, evaluation, leadership development and consultancy projects, often utilising social dreaming as a methodology. Heather facilitates reflective practice groups and, drawing on her background in the field of accessible, community-based arts practice, enjoys working co-creatively with client groups to enable meaningful experiential and embodied inperson and online learning. Heather also holds a small practice of adult clients, as a Psychodynamic Counsellor.

Judit Szekacs-Weisz, PhD, has worked with Gordon Lawrence from the late 80s. With a circle of international colleagues they founded Imago East West, and later the Multilingual Psychotherapy Centre (MLPC) providing a creative frame for developing Social Dreaming as a method and a tool for teaching and research. They organized together residential conferences, lectures, the first on-going SD matrix in London (2001) and workshops. She is a bilingual psychoanalyst and psychotherapist; member of the British Psychoanalytical Society and the Group of Independent Psychoanalysts. She is a training analyst of the Hungarian Psychoanalytical Society and a founding member of the Sándor Ferenczi Society, Budapest. She is the author of several articles and co-editor of Lost Childhood and the Language of Exile (Freud Museum & Imago East West, 2004), Ferenczi and his World and Ferenczi for our Time (Karnac, 2012) and Sandor Ferenczi Ernest Jones Letters 1911-1933 (Karnac, 2013). She was formerly Trustee of the Gordon Lawrence Foundation, now is a member of Social Dreaming International Network.

ENROLMENT

The training is designed for a limited number of participants. Requests will be examined in order of arrival. Please send an email to info@socialdreaminginternational.net The deadline for registrations is 4th April 2024

PARTICIPATION FEE (22% VAT INCLUSIVE)

REGULAR	REDUCED *
€ 3.782 (3.100 + VAT)	€ 3.538 (2.900 + VAT)

* The **REDUCED FEE** is eligible for NIODA/AODA members, and people who have previously participated in a TIHR PD programme.

TERMS AND CONDITIONS

- Commitment to join and pay for the whole course is required.
- Should the need to withdraw arise after 4th April 2024, reimbursement will be given if a replacement is found.
- The charge for the international bank transfer or any other transaction costs are on the participant.
- The fee doesn't include board and lodging for the on-site modules.

PAYMENT

It can be made by bank transfer or credit card, in one single payment or split into three instalments. Administrators will provide full payment details once the application is accepted.

REGULAR (22% VAT <u>I</u>	NCLUSIVE) REDUCED	INSTALMENT DUE BY
€ 1.300	€ 1.200	4 th April 2024
€ 1.241	€ 1.169	10 th September 2024
€ 1.241	€ 1.169	10 th December 2024

SPONSORING ORGANIZATIONS



SOCIAL DREAMING international NETWORK





SDIN - Social Dreaming international Network is a not-for-profit organization born in 2019 whose task is of promoting, developing, researching and applying social dreaming in a variety of contexts. It was established by former trustees and founders of the Gordon Lawrence Foundation, after its closure. The organization welcomed the unique opportunity to work with the Tavistock Institute of Human Relations by signing a Memorandum of Understanding, which recognises the international nature and the importance of partnerships for both organizations in promoting and developing social dreaming. **socialdreaminginternational.net**

The Tavistock Institute of Human Relations is a not-for-profit organisation which applies social science to contemporary issues and problems. It was formally founded as a registered charity in 1947 although its work started after World War I, together with the Tavistock Clinic. The Institute is engaged with evaluation and action research, organisational development and change consultancy, executive coaching and professional development, all in service of supporting sustainable change and ongoing learning. tavinstitute.org

NIODA The National Institute of Organisation Dynamics

Australia is an outstanding not-for-profit institute providing world-renowned leadership and management education, research, coaching and consultancy in organisation dynamics for the improvement of organisations, community and society. NIODA runs an accredited Master of Leadership and Management in Organisation Dynamics and a PhD program in Systems-Psychodynamics.

nioda.org.au

USEFUL INFORMATION

AUSTRALIA

Venue t.b.c.

EUROPE

London, UK. Tavistock Institute of Human Relations 63 Gee St, ECIV 3RS

TRAINING INFORMATION

AUSTRALIAN STREAM

Training Lead Susan Long susandianelong@gmail.com +61 448 007 453

EUROPEAN STREAM

Training Lead Franca Fubini franca.fubini@gmail.com +39 328 6642 875

ADMINISTRATION

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ENROLMENT

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